TIBB NABAWI on Nature based Products

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Tibb Nabawi on Nature-based Products is a book containing a collection of 11 articles that have been presented in the International Conference on Botanical Medicine Based on Sunnah Nabawiah (ICONIC 2017) on the 20-25 August 2017 in Male, Maldives. This conference was organized by the University of Malaya with the Ministry of Islamic Affairs, Republic of Maldives. The theme of conference was “Food Based on Sunnah Nabawiyah: Demand and challenges in an Urban Society.” This book discusses various topics relating to Tibb Nabawi (Prophetic Medicine) especially from plants, herbs or food. Additionally, some of the discussions involved researches from the point of view of manuscripts on traditional medicines. Among the plants and herbs highlighted in this book (which are mentioned either in the holy Quran or hadith) are al-Quṣṭ (Cestrum spectabile), Izdhkhīr, Henna, Yaṣṭīn (Lagania Siceraria), Corn (Zea Mays) and and plants from the Zingiberaceae family. Among the food discussed in this book include al-Mann wa al-Salwa and honey. The discussions in this book are very important for readers to gain a clear understanding about the benefits of plants and herbs mentioned in the Quran and hadith. It is crucial to note that Allah the Almighty does not mention anything in the Quran and the Prophet Muhammad (PBUH) does not narrate anything in his hadith except for the benefit to humankind. It is with great hope that the content of this book will bring great benefit to everyone.