The Influence of Feng Shui Directions on the Human Body

Title: The Influence of Feng Shui Directions on the Human Body: Using AcuGraph as a Means of Measurement

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Abstract

There are various principles and patterns that have been established in traditional societies. These patterns have been established based on experiences of generations dealing with the environment and how it affects the well-being of the users. It is believed in Feng Shui that architecture has a direct influence on the physical and psychological health of the users due to its effect on the energy field surrounding the body. Feng Shui, which literally translates to “wind-water,” is the intuitive ancient art of understanding the energy of elements and directions. Although the existence of this energy field is scientifically proven, it is not widely discussed in the field of architecture. Therefore, the application and effectiveness of Feng Shui guidelines remain debatable. A study was conducted to validate the guidelines relating to the auspiciousness of the four main directions of Feng Shui where the size of the energy field surrounding the body was measured using AcuGraph and Pneumonic Scanning. It is hoped that the findings from this study will enhance the knowledge in the discipline of architecture.