The Influences of Feng Shui Directions on the Human Body, Using Acugraph as a Method of Measurement

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ABSTRACT

There are various principles and patterns that has been establish in traditional societies based on experiences of many human generations dealing with the physical environment and well beings. It was believed that architecture has direct influence on the physical and psychological health of the users, due to its effect on the energy field surrounding the body. Feng shui which literally translates into “wind-water” is an intuitive ancient art of understanding the energy of elements. Although the existence of this energy field is scientifically proven it is not widely discussed in the field of architecture. Therefore, the application and effectiveness of Feng shui guidelines remains debatable. This study aims to validate the guidelines relating to four main principles of Feng shui where the size of the energy field surrounding the body is measured using Acugraph and Scanning method. It is hoped that the findings from this study would enhance the knowledge in the discipline of architecture.

Keywords: Feng Shui, Directions, Traditional Sciences of Architecture

Author’s Biography

Dr. Zunaibi Abdullah is a senior lecturer at Built Environment Faculty of University of Malaya. He is an expert in the field of architectural technology and education and has published various articles in well-known national and international journals. He was a former head of department at the faculty and has contributed as Part I & II examiner for Lembaga Arkitek Malaysia (LAM) since 2013.

Hengameh Fazeli is a PhD student at the Built Environment Faculty of University of Malaya. Her area of interest is traditional geomancy and its effect on health and the general well-being of the occupants. She has published various articles related to Feng Shui, Vastu Shastra and traditional sciences of architecture in a few journals till date. Her writing was awarded the best paper in the 5th Asean Postgraduate Seminar at UM in 2010.