COPING SKILLS, PSYCHOSOCIAL ADJUSTMENT AND PEACE AMONG PARENTS OF MULTIETHNIC INDIVIDUAL WITH LEARNING DISABILITIES

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Abstract

The purpose of this research is to study about the coping skills, psychosocial adjustment and peace among parents of multiethnic individual with learning disabilities. Family Crisis Oriented Personal Evaluation Scales (F-COPES) will be used to identify effective problem-solving and behavioral strategies utilized by families in difficult or problematic situation while dealing with their children with learning disabilities. The modified Psychosocial Adjustment to Illness Scale (PAIS) is a multi-dimensional, semi-structured clinical interview designed to assess the psychological and social adjustment of medical patients, or members of their immediate families, to the patient’s illness. Semi structured interviews will be used to gather information about the peace element among parents of multiethnic individual with learning disabilities. This survey research will be administered with 200 samples whom are all multiethnic parents of children with learning disabilities. The findings of this study will be collected through questionnaires and semi structured interviews. The descriptive data will be analysed using Statistical Package for Social Sciences (SPSS)

Keywords: coping skills, psychosocial adjustment, PEACE

Introduction

Children with learning disabilities, attention deficit/hyperactivity disorder (ADHD), and related disorders puzzle parents because of their many abilities and disabilities. It can also be