Highlights

**Positive psychological interventions for people with epilepsy: An assessment on factors related to intervention participation**

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- Willingness to participate in positive psychological interventions was studied.
- Majority indicated a strong willingness to participate in the interventions.
- Character strengths, mindfulness, and expressive-based interventions were preferred.
- Those with negative illness perception and anxiety were more willing to participate.
- Most participants preferred group and shorter sessions.